

Hole Tarp Teambuilding Activity Directions

1. Use the teams created from the DISC assessments.
2. Each team receives 1 tarp with a hole in the middle large enough for a tennis ball to go through and 1 tennis ball.
3. The team picks up the tarp and stretches it out. A team member can only hold the outer edge of the tarp.
4. The goal is for the team to keep the tennis ball constantly moving around the tarp without it falling through the hole.
5. The team that keeps the ball from falling through the hole the longest wins.